

On the Rebound: What to Expect After Surgery

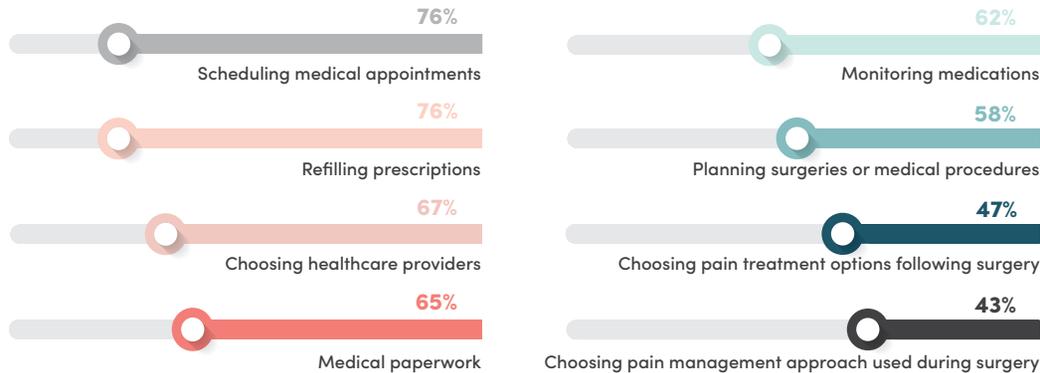
A survey of women and surgeons and their opinions on recovery after surgery

When it comes to family health care decisions, women call the shots

97% of women are responsible for or influence their family members' health care decisions or their own

94% of doctors agree women are more proactive and vocal about postsurgical pain management for their loved ones than men

Responsibilities include:

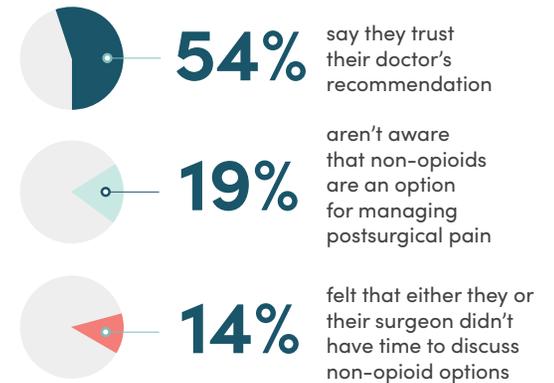


Women proactively plan for surgery, but miss a key question

While certain non-opioid pain options can reduce hospital stays by several days, only

26% of women discussed non-opioids before surgery

Why aren't women asking about non-opioids?



Work and caregiving responsibilities fuel women's need for quicker hospital discharges

96% of women are motivated to return home and get back to their daily routine following surgery

Key motivators that make getting home and back to normal a top priority for women



But women make medication choices that ultimately hinder recovery

67% of women took an opioid following their surgery, even though

84% have concerns related to being prescribed or taking opioids

Women aren't just concerned about taking opioids themselves

70% of women have concerns about family members taking opioids

60% agree opioids hinder everyday activities

Non-opioids are effective – and are making headway

97% of surgeons reported consistent or increasing use of non-opioids over the last 12 months

94% of surgeons agree that non-opioids can positively impact recovery and the ability to return to normal function following a surgery

84% of surgeons believe non-opioids can effectively treat postsurgical pain

82% of women would opt for a non-opioid in the future

To download a copy of the *On the Rebound: What to Expect After Surgery* survey report and to learn about non-opioid options, **please visit www.YourXFactor.com**